



December 7, 2015

Breastfeeding Peer Counselor Program (BPCP) Conference Call

The next BPCP conference call is Thursday, December 17, 2015, at 9:00 am. The call-in information is provided on the [agenda](#). If your topics did not make the cut-off for this publication, bring them to the call.

Local Agency Conference Call

Please review the [WIC website](#) for information from last week's Local Agency Conference Call, including minutes, the presentation, an example of SOAP notes and the survey results discussed.

WIC Futures Study Group Minutes

Please see the [minutes](#) from last week's conference call.

Civil Rights Training

As a reminder, all staff paid through the WIC budget (even if very little) must complete civil rights training upon hire and then annually. This training is completed [online](#) via PowerPoint. Once completed, submit the [training sign-in form](#) via fax (406-444-0239), or mail to the State WIC office. This is listed on the training/orientation form online.

Nutrition Education Materials

Please consider **free** nutrition education materials prior to purchasing. While this is an allowable expense, please consider all of the resources available that do not cost anything to print off for participants. Written materials should always be used in conjunction with interactive education, and not simply handed out. Some great resources to consider are: The [Montana WIC website](#); [WICWorks](#); [My Plate Ten Tips Series](#); and [HHS Women's Health](#). Also, if you identify a need for material on a topic that you cannot easily locate for free, we can always assist in developing a material. Contact Lacy, Chris or Kate for more ideas or assistance.

EBT Testing

As we mentioned on the conference call last week, we need 3-5 local agency staff members who are willing to do some testing in SPIRIT related to the EBT functionality. We anticipate this will take 1-2 days of your time and can be spread out between now and mid-January. Please let Kate know by Friday, December 11th if you are interested and we will get you set up.

Free—From Learning ZoneXpress

Learning ZoneXpress has created an education handout or mini-poster entitled “Healthy Eating for the Holidays”. [The free PDF is available](#). Basic suggestions, but good reminders as the holiday activities get into full swing.

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